



Myth of Hands Free Driving

Company Name: _____

Employee Name: _____

Presentation Date: _____ / _____ / _____

Question 1: Two cognitively demanding tasks cannot be done at the same time by a human brain.

1. True
2. False

Question 2: The human brain can only:

1. Process one cognitively demanding task at a time.
2. Process two or more cognitively demanding tasks at one time.
3. Process thousands of cognitively demanding tasks at one time.
4. All of the above
5. None of the above

Question 3: Talking with a person who is outside of your environment is more cognitively demanding than previously know.

1. True
2. False

Question 4: If an event happens while driving a vehicle and you are talking on the phone, you will not be able to respond to the event as quickly as if you were not on the phone.

1. True
2. False

Question 5: You can be fully engaged in watching a movie while speaking with someone on the telephone, and fully capable of remembering everything that happens and is said in the movie and the phone conversation.

1. True
2. False

Question 6: Driving a vehicle places no cognitive demands on the human brain.

1. True
2. False

Question 7: While driving a CMV on the roadways, you always have:

1. Enough time to systematically process everything.
2. Enough time to take a phone call.
3. The responsibility to provide your undivided attention to the task of driving the CMV.
4. All of the above
5. None of the above

Question 8: Driving a CMV is a dynamic task that requires all of your attention.

1. True
2. False

Question 9: Driving a CMV and talking on the phone in hands-free mode is perfectly safe because it is legal in many states.

1. True
2. False

Question 10: Because I am an exceptional driver and have above average skills, it is not important for me to avoid using the phone while driving.

1. True
2. False

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